NIB promotes a productive work environment and healthy work-life balance. The NIB Wellness Program includes the following focus areas:

**Philanthropy/Outreach**
Increases awareness about NIB’s mission and provides employees with an opportunity to give back in a variety of volunteer or support positions.

**Team Building**
Fosters a more familiar and enjoyable work environment and builds relationships among employees through everyday experiences.

**Fitness**
Creates a sustainable fitness environment through team and individual sports and activities.

**Nutrition**
Educates employees about smarter nutrition decisions through a variety of learning opportunities.

**Education and Benefits**
Ensures NIB employees are familiar with the services offered to them.